

## Autoaggression

## Destruction

I'd rather destroy myself than being destroyed by you  
Autoaggression - better than being destroyed by you  
I can not cope with things oppressing me  
But I can punish the people who love me  
Banging my head against the wall  
Take away any chance to live my life the way I want  
Not my fault not your fault anyway  
I don't want to live I don't want to die  
Pain I feel - pain you feel - feel it now  
I always used to hide my emotions  
Because I think no one really wants to know  
The things that I can feel inside  
Inside of me where nobody knows  
What is going to be  
Hurting me feels good to me  
And lets my hidden self go  
To be free