Their quiet sighs
Will follow your trail
Their endless pain
Will haunt you in dreams

Silence the guilt They made you feel Deep in your heart Deaf, dumb and blind

You can not feel the guilt and shame You can not heal, they bleed cause of you You can not feel the guilt and shame You can not grow, they bleed cause of you

Their painful cries
Now twisting your truth
Your soul like ice
Standstill and cold

Their freezing touch Now grasping your soul Look at yourself Deaf, dumb and blind

You can not feel the guilt and shame You can not heal, they bleed cause of you You can not feel the guilt and shame You can not grow, they bleed cause of you

You can not feel the guilt and shame

You can not heal the guilt and shame