

Be Strong

Delta Goodrem

Are you swimming upstream in oceans of blue?
Do you feel like your sinking?
Are you sick of the rain after all you've been through?
Well I know what you're thinking
When you can't take it
You can make it
Sometime soon I know you'll see

'cause when your in you're darkest hour
And all of the light just fades away
When you're like a single flower whose colours have turned to s
hades of gray
Well hang on and be strong

Where taking each step one day at a time
You can't loose your spirit
Let live and let live forget and forgive
It's all how you see it
And just remember keep it together
Don't you know you're never alone

'cause when you're in your darkest hour
And all of the light just fades away
When you're like a single flower whose colours have turned to s
hades of gray
Well hang on, and be strong

No you're not defeated
And soon you'll be smiling once again
Then you won't have to feel it
Let it go with the wind
Time passes us by
And know that you're aloud to cry

'cause when you're in your darkest hour
And all of the light just fades away
When you're like a single flower whose colours have turned to s
hades of gray
Well hang on and be strong