

Up & Down (In & Out)

Deborah Cox

Ooh, baby I didn't come here to fight
Why you wanna mess with me?
Ooh, I'm always willin' to compromise with you
But you ain't controllin' me

'Cause I came here to make love
Not war with you babe
So try to find some ways
To make me feel good

Up and down, in and out
That's what love is all about
Always leaves both of us
Feelin' good or so helpless

Up and down, in and out
Love keeps movin' us around
To the beat like a drum
I don't know if I can catch your rhythm

Ooh, you know me better than I know myself
So why you keep teasin' me?
Ooh, can't see me bein' with nobody else, no
'Cause you love me so crazy, yeah

'Cause I came here to make love
Not war with you babe
So try to find some ways
To make me feel good

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Love keeps movin' us around
To the beat like a drum
I don't know if I can catch your rhythm

You know I'm in a sexy mood
So why you gotta act a fool tonight
You need to change your attitude
'Cause I ain't arguin' with you, you're right

You know I'm in a sexy mood
So why you gotta act a fool tonight

You need to change your attitude
'Cause I ain't arguin' with you

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Feelin' good or so helpless

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To the beat like a drum
I don't know if I can catch your rhythm

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That's what love is all about
Always leaves both of us
Feelin' good or so helpless

Up and down, in and out
Love keeps movin' us around
To the beat like a drum
And I don't know if I can catch the rhythm
Catch the rhythm

Are you feelin' me?
Are you feelin' me, baby?
I'm in the mood to make sweet love, yeah

Up and down, in and out
Up and down, in and out
Up and down
That's what love is, yeah