

# Shwingalokate

De La Soul

(On and on at two steps ahead)

(On and on at two steps ahead)

(Three steps ahead)

(Three steps ahead)

(What's the subject?)

The Shwingalo, hot damn

(Is Posdnuos gonna start?)

I am, I am

(And by the order of Shwing on hand)

I present to you the Preacher Man

Peace everyone, everyone I hope

Plate is not a caper, plate is not a hoax

Is it is the now step, labeled Shwingalo

Shopper brag a basket, fill it to the bro

What's the Shwingalokate? Question me instead.

Mental is the mood, whether live or dead

Level is the groove when I lead the led

But hip is my lip when I'm Shwinging it

(On and on at two steps ahead)

(On and on at two steps ahead)

(What's the next step?)

It's the fool of the clan

(Is he down with the Shwing?)

I am, I am

(And by the order of Swing on hand)

I present to you, the whole shalam

Last was the gas, flower by the pound

Shoo, puppy tough, shoo, flower power hound

Season of the Shwing is sound and it's bound

90 got the gift so lift from the ground

Speak me an age, age at the dough

Feed me the donut, feed me the O

School me with the new 'cause the new

Kept me fed with the brew

I'm glued to the stew and I'm Shwinging it

Breathe me the out, breathe me the in

Send it with a skit neither friend nor begin

Label it a Shwing, brother come for the win

Catch me the border, must start to begin

90 got the knack of the Soul, grab a bit

90 proved them wrong to those who commit

Dis to the hit list, pitched by the hit

Caught by the herds of those in the pit

Pull me a puff of the blunt as it breeds

This benefit's just what you need

Just because I'm fallin', saved by the weed

With dred, 'cause you know indeed I'm shwinging it

(On and on at two steps ahead)

(On and on at two steps ahead)

Constructed like an apple but roll like a grape

Try with the games 'cause the fools'll take shape

Stuff to the too tough, grave is in the groove  
Sop it like Sound, yo honey make a move  
Shufflin' your feet, that's stiffer than a nap  
Open up an eardrum, don't wait for the cap  
Sip a third of lager, extract the waste  
Tell me tell me tell me, can you get a case?  
Never oops honey, dope not a threat  
Peace be found on your color telly set  
Pick up the proof for the stool pigeon sing  
Shwing a load o' dat, 'cause I must put Shwing

(On and on at two steps ahead)

(On and on at two steps ahead)

(Three steps ahead)

(Three steps ahead)