I can't get my mind to stop running
I can't say I'm able
I can't get my mind to stop spinning around
Don't show me I am able
'Cause in my mind I'll work it out.

I'm in a better place
Don't take this and turn it around
I've had enough
Don't speak, don't make a sound.

I can't get my mind to stop trading spaces and face this lonely happy me
I take my time - all my time
and I close my eyes
'Cause in my mind I'll work it out.

I'm in a better place
Don't take this and turn it around
I've had enough
Don't speak, don't make a sound

I'm thinking that this isn't real
But I'm not concerned.
I feel the best when you're not here
But I never learned.
I never learned.
In my mind I'll work this out.

This is changed, I never saw it coming.
Your lips keep moving but you're saying nothing.
I'm in a better place,
Don't take this and turn it around.
I've had enough
Don't speak, don't make a sound.