

# Take a Breath

David Gilmour

Take a breath  
Take a deep breath now  
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Take a breath

When you're down is where you find yourself  
When you drown there's nothing else  
If you're lost you'll need to turn yourself  
Then you'll find out that there's no-one else

To make the moves that you can do  
When you fall from grace your eyes in blue  
Your every breath becomes another world  
And the far horizon's living hell

Take a breath  
A deep breath now

This kind of love is hard to find  
I never got to you by being kind  
If I'm the one to throw you overboard  
At least I showed you how to swim for shore

When you're down is where you'll know yourself  
That if you drown there's nothing else  
When you're lost you need to find yourself  
Then you'll find out that there's no-one else