I started a war
I sent out a battle cry
And I've been here before
Fighting me, myself, and I
When I try to prove that I'm never gonna lose
I pushed you hard
I pushed too far
Try to be brave till it's more than I can take
So many times till I realized

Take a breath
Look at how you're tryna to think it to death
If you're in the crossfire, don't forget
That you don't have to be invincible
Take a step
Even if you fall, it ain't over yet
If you're in the crossfire, don't forget
That you don't have to be invincible

(That you don't have to be invincible) (That you don't have to be invincible)

I counted to ten
I stepped back so I could see
How bad it can get
When I'm the enemy
I put my weapons down
Until I found a better way
A better way
I'll never change if I'm too afraid to break
Got to let it go
Let the whole world know to

Take a breath
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If you're in the crossfire, don't forget
That you don't have to be invincible
Take a step
Even when you fall, it ain't over yet
If you're in the crossfire, don't forget
That you don't have to be invincible

(That you don't have to be invincible) (That you don't have to be invincible)

You'll never know You'll never know how strong you are Till' you're strong enough to let your armor fall Yeah, yeah, yeah, yeah

Take a breath
Look at how you're trying to think it to death
If you're in the crossfire, don't forget
That you don't have to be invincible
Take a step
Even if you fall, it ain't over yet
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