He tells you when,
He tells you why,
He tells you wherefore What to do and how it's done,
And how to be for him It's all about control,
It's all about control.
You're his life,
You're his strength,
But he's you're weakness,
He knows you care,
Knows you give,
But he couldn't care less He fits you to his mould,
Chipping at you soul...

[CHORUS]

It tears me up

To see the way that he treats you,

To see the way that he brings you
down and down
He's turning you inside out,

It breaks me up

To see the way that you take it,

To see the way that he spins you
round and round

Turning you upside down...

Mocking bird,

Mocking bird...

Afraid to leave, Afraid to lose, Afraid of living -You turn to him, You turn to me, But it lies in you -It's waiting to be found, It's waiting to be found, So feel your heart, Feel your pain, Feel your anger, If you fight the fear, find the words -You'll find the answer... Like a cat held upside down, You'll land feet on the ground...

[Chorus]

You never know
What life will bring Trust your spirit
Find your wings,
Find your voice
And let it sing
Let it sing...

[Chorus]