I've built some dreams
I've held them close
Celebrated perfect days
I lost the one I loved the most
Now she's 6 feet of earth away

I've cried til I thought I couldn't stop and I've laughed until it hurt and I've prayed in an empty parking lot and my friends were my church

Sometimes the joy can give you wings to fly
Sometimes the pain will cut you so just like a knife
There's fear, there's faith, there's loss, there's grace
I've seen it from both sides
This is what it means to be alive, alive
This is what it means to be alive

I've seen the face of have to have
Of a child without a home
A casualty of circumstance
Written off and all alone

I've cried for the wars that they've been through and I've walked by their side
I've watched what the power of love can do and how it changes lives

Sometimes the joy can give you wings to fly
Sometimes the pain will cut you so just like a knife
There's fear, there's faith, there's loss, there's grace
I've seen it from both sides
This is what it means to be alive, alive
This is what it means to be alive
This is what it means, this is what it means,
this is what it means to be alive, alive.

This is what it means, yeah

Sometimes the joy can give you wings to fly Sometimes the pain will cut you so just like a knife There's fear, there's faith, there's loss, there's grace I've seen it from both sides

This is what it means to be alive