Daniel Bedingfield

You're my best friend No you're not You're my sister, stay in your place I can't pretend that you're not Threatening to me, 1 need my space I'm not lying, I value survival Over you I'm on my own No I'm not I've my sister to fight for me I can't pretend that you won't Cause you love myself more than me I'm not lying, so often you choose me Over you And I've tried to heal the wounds Make it as if it never was And I know I've done my best But I can never heal the scars I wanna say I'm sorry but I know I'll do it again I'll do it again I know what I did but I still don't know the reason I wanna say I'm sorry but I know I'll do it again I'll do it again I'll do it to you I don't wanna hurt you anymore I pull you close Feel your love Then I push you away from me Protect myself I'm not safe when my boundaries are violated And it's kill or die So I choose me Over you ADD is my excuse And with my excuse I shot you down And I know I've got to change But I can never work out how How can I say I'm sorry when I know I'll do it again Do it again I know what I did but I still don't know the reason I wanna say I'm sorry but I know I'll do it again I'll do it again I'll do it to you I don't wanna hurt you anymore Lash out in anger Hit the wrong target My little sister No matter what I say

I love you so much I cannot leave

Sorry

But when family get too close I always find it hard to breathe

How can I say I'm sorry when I know I'll do it again I'll do it again I know what I did but I still don't know the reason How can I say I'm sorry when I know I'll do it again I'll do it again I'll do it to you I don't wanna hurt you anymore