Seize the day, hey, and look to Jah, sha la There's work to do, tooraloo So, don't give in 'Cos some day you'll win

Ohh, ohh, ohh, ohh

Seize the day, hey
Sure you don't want no regrets when you look back
Seize the day, hey
Sure atleast you'll know, you gave this life a crack

Ohh, ohh, ohh, ohh

Seize the day, hey, and look to Jah, sha la There's work to do, tooraloo So, don't give in 'Cos someday you'll win

Ohh, ohh, ohh, ohh

Living every day, like it was my last C'mon, everyone
Time, it goes so fast

Living every day, like it was my last C'mon, everyone
Time, it goes so fast

Living every day, like it was my last C'mon, everyone
Time, it goes so fast

Living every day, like it was my last C'mon, everyone
Time, it goes so fast, yeah