Hell nah, you can't handle a man of my superior strength I've been rockin for years, now it's time to go to length Bucking emcees in their tracks I stop em My rhyme style make em turn dropper My concepts come sick like Dennis Hopper I jack fools up and stick em like dirty coppers Like I said before I'm takin you lane of whores Down to the bone yard coz that's all you're good for Only one way to deal with these softies Take they ass out like heroes and they flossin And when you test me you better bring styles Cause mine can go on and on and on for miles You can't get the best of me Can't get the best of me You can't get the best of me Can't get the best of me You can't get the best of me Can't get the best of me You can't get the best of me Can't get the best of me YOU CAN'T GET THE BEST OF ME (you can't hold me down) CAN'T GET THE BEST OF ME (you can't, you can't hold me down) YOU CAN'T GET THE BEST OF ME (you can't, you can't hold me) CAN'T GET THE BEST OF ME (you can't, you can't hold me down) YOU CAN'T GET THE BEST OF ME (you can't hold me down) CAN'T GET THE BEST OF ME (you can't, you can't hold me down) YOU CAN'T GET THE BEST OF ME (you can't hold me down) CAN'T GET THE BEST OF ME (you can't, you can't hold me down) Five roll with the weakest What you need is, the chrome plated heater So you can peep this, tragedy had to be in your mind soakin in Sad to see you broken down, not at least broken in Can't stop some Hill shit from comin through The reality is out with the old, and with the new Ways and things change, with strange haids of braids shade Switch place life and life plays with thumb pay Does and un-trues, the mule leaves no clues In the dark confused, we choose to eat you Out the whole stroke away so I can listener We don't stop if you can, fuck commissioner You can't get the best of me Can't get the best of me You can't get the best of me Can't get the best of me You can't get the best of me Can't get the best of me You can't get the best of me Can't get the best of me YOU CAN'T GET THE BEST OF ME (you can't hold me down) CAN'T GET THE BEST OF ME (you can't hold me down) YOU CAN'T GET THE BEST OF ME (you can't, you can't hold me) CAN'T GET THE BEST OF ME (you can't, you can't hold me down) YOU CAN'T GET THE BEST OF ME (you can't, you can't hold me down)

CAN'T GET THE BEST OF ME (you can't hold me down)

YOU CAN'T GET THE BEST OF ME (you can't hold me) CAN'T GET THE BEST OF ME (you can't hold me down)

Nigga get up on a rhymin apparatus Takin out crews who think they are baddest Mad dog Sen for real is the maddest Fuck you punk and your A&R status I stay in a zone though I'm never alone B-Real got my back checkin at your dome So when it comes down to who's (Spanish) I'm down for the pound and slangin the (Spanish) (Spanish) I break (Spanish) Gonna make a move and smoke your fuckin hot-show Remove that sucker and that wack-ass shit Cause every time I see he's actin like a bitch So let's get it straight I smoke the competition Breakin down fools in my motherfuckin mission One by one they'll all come out missin You can't fuck with this here kid I AIN'T BITCHIN

(You can't hold me down)

You can't get the best of me (you can't, you can't hold me down) Can't get the best of me (you can't, you can't hold me down) You can't get the best of me (you can't, you can't hold me) Can't get the best of me (you can't, you can't hold me down) You can't get the best of me (you can't, you can't, hold me) Can't get the best of me (you can't, you can't hold me down) You can't get the best of me (you can't, you can't hold me) Can't get the best of me (you can't, you can't hold me down) You can't get the best of me (hold me down) Can't get the best of me (you can't, you can't hold me down) You can't get the best of me (you can't, you can't hold me) Can't get the best of me (you can't, you can't hold me down) You can't get the best of me (you can't hold me) Can't get the best of me (you can't hold me down) You can't get the best of me (can't hold me down) Can't get the best of me (can't hold me down) You can't get the best of me Can't get the best of me (can't hold me down) You can't get the best of me Can't get the best of me (you can't hold me down) You can't get the best of me Can't get the best of me (you can't hold me down) YOU CAN'T GET THE BEST OF ME YOU CAN'T GET THE BEST OF ME