

Swallowing it all down whole I'm in my body  
so they cannot come and take my soul,  
wallowing away my sorrows on nobody  
so they cannot come and take my soul.  
(3x)

If any palaver needs some honesty,  
(Honestidade)  
or any disaster needs a remedy  
(Desastre)  
I go to you, you come to me,  
and that's just the way it's gonna' have to be.

You said we wouldn't do it no more,  
Should I make my way out the door?  
We've made this mistake before,  
Now it's sinking us to the core.

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