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I got rice cookin in the microwave,
I got a 3 day beard that I don't plan to shave,
And its a goofy thing but I just gotta say,
Hey imma doing alright,
Yeahh I think I'll make me some home made soup,
Feelin pretty good and thats the truth,
It's neither drink nor drug induced,
Naww I'm just doin alright,
And its a great day to be alive,
I know the suns still shinin when I close my eyes,
Theres some hard times in the neighboorhood,
But why cant every day be just this good,
Aww Yah..,
Its been 15 years since I left home,
Said good luck to every seed I've sown,
Give it my best n then I left it alone,
I hope they're doin alright,
Now I look in the mirror and what do I see,
Alone wolf starin back at me,
Long in the tooth but harmless as can be,
Lord I guess hes doin alright,
And its a great day to be alive,
I know the suns still shinin when I close my eyes,
Theres some hard times in the neighboorhood,
But why can't every day be just this good,
Sometimes its lonely,
Sometimes its only,
Me and the shadows that fill this room,
Sometimes I'm fallin',
Desperately callin',
Howlin' at the mooon ....awhooooo,
Well I might go get me a new tattoo,
Or take my ol' harley for a three day cruise,
Might even grow me a fu man chu,
And its a great day to be alive,
I know the suns still shinin when I close my eyes,
Theres some hard times in the neighboorhood,
But why can't every day be just this good,
Its a great day to be alive,
I know the suns still shinin when I close my eyes,
Theres some hard times in the neighboorhood,
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But why can't every day be just this good,

Aawwhhooooo!,