You're not living in a bad dream now Open your eyes
You'll survive another day somehow

After the night
There's a morning and a clear blue sky
You can be sure
You can make it and I'll tell you why

You're walking in your sleep
Hey that's all right
But don't you spend the whole night
Uptight
I'm here to lend a hand
Hey don't you understand

One chance is for taking One heart is for breaking One love is for making Lovers and friends

One game is for playing
One prayer is for praying
One day is for staying
Lovers and friends
Lovers and friends

You better wake up
'cos every day you waste is time gone by
Up on your feet
You can take it but you gotta try

After the night
There's a morning and a clear blue sky
You can be sure
You can make it and I'll tell you why

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