## Ain't No Stoppin' Us Now

Ain't no stoppin' us now We're on the move (We're on the move) Ain't no stoppin' us now We've got the groove (We've got the groove)

There's been so many things that have held us down But now it looks like things are finally comin' around I know we've got a long, long way to go And where we'll end up, I don't know

But we won't let nothin' hold us back We're puttin' ourselves together, We're polishin' up our act, yeah And if you've ever been held down before I know you refuse to be held down any more

And don't you let nothin', nothin'

Stand in your way

I want y'all to listen, listen

To every word I say, every word I say

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