

## Internal Release

Citizen Fish

Sat round a table, "What do you do?"  
I put my neuroses on public view  
Everyone sat round something to say  
But contracting it all into "Have a nice day?"  
Oh! -- When I said "Well no not really"  
Oh! -- Aiming to let go of a lonely feeling  
I sensed a tension unexpected  
Normal question got redirected  
Didn't it? You know I was taught  
That's what friends are really for  
This is a cry for communication  
This is a sample of alienation  
So I looked up from starting what may never ends  
To see you looking for another friend  
Are all your acquaintances so happy inside  
Simplistic answers are the only replies  
You get? And so it goes on  
If everyone's happy then what could be wrong?  
Needing to know that surrounded by plastic  
Transient values & rapid-fire thrills  
Internal release need not be so drastic  
Create perceptions that none of us feel, fell, none of us feel  
This is a cry for communication  
This is a sample of alienation