

I wake up every morning and think 'today's the day
That takes this repetition and throws it all away'
I stumble to the toilet then the kitchen for some food
I cannot do without it but it's what I always do
Here's the next door neighbour discarding his T.V.
No more life in two dimensions
Less than two weeks later his face is like a screen
And now he's got a bigger one - Habit retention
It's a habit
Well I had it
And then I lost it
And now I want it back again
Manning the machinery and dreaming of the day
He'll get to see some scenery and have a holiday
And now he's won the lottery, he'll never work again
Unless of course they ask him back, the cycle never ends
It's a habit
Well I had it
And then I lost it
And now I want it back again
There's people out there travelling so fast it's just insane
Always rushing to get back there
Home is where the car is parked and then it's off again
The fear of immobility? But you're just sat there!
I want to throw it all away
I want to throw it all away
I want to throw it all away
I want to throw it all away
And now I want it back again
Now he wants it back again
You can't have it back again, no no no
Habit is invisible until it falls apart
Left clutching for security and groping in the dark
What do we relying on so much that we get bored
With having it, but losing it will make us need it more?
I'm gonna throw it all away
I'm gonna do something today
Something that I haven't done before, it
Could be almost anything
I don't want to make a habit of it
It's a habit
Well I had it
And then I lost it
And now I want it back again