

Do you know what you are eating?
Oh! fill me up with food
The stomach's ringing hunger bells
Sometimes anything will do
Beware the wind that coke can bring
It dries the parts it reaches
Cultural deserts carry the can
Coke adds life then bleeds it
Eat it!
Be watching out for indigestion
Long time since you touched a cow
Farming forms to fit consumption
That pain is what you eat, not how
Do you know what you are breathing?
Oh! fill me up with air
The lungs are wringing out the smells
For something fresh to wear
Cars that fume in queues for more petrol
To get to somewhere else to breath
Air conditioning through acceptance
Extra for the weathermen to read
Breath it!
As air gains the status of grades
Quality recedes as any of it gets praised
Will they put it in bottles like they did with the rain?
"OxyGenerico" in profit again and again and again
What we eat and drink and breathe
Filters down through industry
Creates our life expectancy
Do you know what you are drinking?
Oh! fill me up with water
All bar the lungs are in on this one
Ninety percent and way important
Tap on the back says "don't use tap"
Scarcity value or it just tastes crap
Privatised and purified
Its raining chemistry outside
Eat it!
Drink it!
Breath it!
What we eat and drink and breathe
Creates our life expectancy
Choking the consumer dies
Clutching burger, coke and fries
Clutching burger, coke and fries
Clutching
Burger, coke and fries