

## Break into a Run / Rainbows

Citizen Fish

Why life appears to be a series of ups and downs? I'll never know

And I've a feeling that if I find out then everything will turn to stone

The lifeless boring routine block of all things neither good nor bad

To break that rock and destabilise is risky but I'll take that chance

I'll take that chance, I'll take it

Just to know that every up and down must balance out somehow

And there's a smile to end a conversation that was full of frowns

And here's a major chord to lift the minors up and dance around

And if the song seems far too long then tune in to another sound

Another sound, like this one

Of course the opposite is true the rain must sometimes hide the sun

And you can't escape the feeling that there's more to life than having fun

But it's better to go crazy and just break into a run

Than to grow old always being told how everything should be done

So take the path of most resistance and feel good when you arrive

The other one is straight downhill and never asks you 'why?'

Experience the reap and sow, feel the strengths of high and low

Who can dictate how far to go? There are no limits set. But let's go!

Oh let's go! Let's go!

[Rainbows]

The last time was forgotten in remembrance of the first

We carried on in ignorance not knowing it was worse

And all the sinking standards were related to the past

So when the end came up again we really had a blast!

We counting on his memory

And not counting too fast

Cos everything's still happening

So I guess it's gonna last!

It's gonna last!

It's gonna last!

It's easier to minimalise the present point of view

Cos memories desensitise the bad things we go through

But when all that was happening we remembered just the same

So presently we come to see that for rainbows you need rain