I been hating so much for far too long I can't think of anything happy for a song It's all been covered in critical spit Dredged out and analysed bit by bit I I I hate this society it made me learn How to hate so much, now it's hard to turn This attitude it produce in me To something more/less B & T Bitter and twisted Waving our fists And taking the piss But who's the victim? It's easier to hate then it is to laugh Bitter and twisted Couldn't predict it Could end up seeming self-inflicted Or is it introspection gone too far It's war in here cos it's war out there It's easier to say 'And we don't care' Third degree burns from the third world war It was fought on television so we all got the score Here's a commercial break in between The commercialisation of the human being Hungry eyes, and those that say There's no food left to eat today It's bitter and twisted When they insist It's always been like this - Impossible To stop the crisis they've arranged Try to resist it Maybe you missed it The revolution just got pissed It's a choice, relax or drive yourself insane On the other hand it's a really nice day All the insanity's gone away Good to relax not feeling much, dot, dot I'm not doing enough! Strength and weakness, chaos and orders Happiness and hate, all messing with the borders Turning my face from the outside view To 'have a nice day' now I'm splitting in two Twisted, I'm splitting in two Bitter and twisted, I'm splitting in two...