

## Down Again

Chimaira

How many times can it change  
How long will I be restrained  
It's appalling to think that  
All my time seems to be wasted  
Will it stop or is it inly beginning

Here on the inside  
My life is not over  
I'm down again

Fake smiles surround me all day  
No more can I tolerate  
These excuses or all this  
Constant pressure overloading  
Make it stop the fire's always burning