

So everybody's pulling you in all directions  
You don't know how much longer to take it  
So you've learned how to fake it

That smile on the outside's fading fast  
Like the things that you thought for sure would last  
But they didn't  
You know something's missing  
Is it your life you're not living?

[Chorus:]

Your heart is cold, your soul is numb  
You don't like who you've become  
You played the game and paid the cost for long enough  
So grab the reins, yeah, take the wheel  
Lose what's not and keep what's real  
It's not too late,  
Just close your eyes and feel, feel

You can't tell if you're happy or sad  
Can't tell the good from bad  
It's senseless  
To waste your senses  
Maybe stop thinking with your head  
Start using your heart instead  
Just try it  
You just might like it  
Aren't you dying to start livin'?

[Chorus]

Every breath that's going thru you  
Take each day that's given to you  
To love back the ones who love you

[Chorus]

You can't tell if you're happy or sad  
Can't tell the good from the bad  
Feel and stop thinking with your head  
Start using your heart instead

Your heart is cold, your soul is numb  
Yeah, yeah, yeah...  
You've played the game for long enough, oh, no, no,  
Everybody's pulling you in all directions.