

Explain it to My Heart

Chicago

I understand there's no future for us here
Guess, I fooled myself into thinkin' there was
Now you've made it clear

It will never be right, guess we knew it all along
Now we've got to say goodbye
And I've got to be strong

So tell me one more time, how it's better for the both of us
Tell me one more time, how we'll hurt each other if we stay
Tell me one more time, my darlin' there's just one more thing
Before you walk away

Explain it to my heart, it's better that we're over now
Tell me one more time, this is the way it's suppose to be
Tell me that I'm better off without you, how it's better to forget about you
Darlin' I understand, now won't you please explain it to my heart?

Now if I try, I can see the reasons why
Why we can't stay together
And I might convince my mind

But it's breakin' my heart to know I've got to let you go
To find that I must leave behind
The only love I've known

Well, I can tell myself that I never really needed you
I can tell myself that it's better just to say goodbye
I can tell myself a thousand lies but tell me now
Tell me how I do

Explain it to my heart, it's better that we're over now
Tell me one more time, this is the way it's suppose to be
Tell me that I'm better off without you, how it's better to forget about you
Darlin', I understand, now won't you please explain it to my heart?

Say that I'll be better if we don't stay together
Say that I'll be better off free but don't say it to me

Explain it to my heart, tell me that I'm better off without you
How it's better to forget about you, darlin', I understand
Now, won't you please explain it to my heart?

It's better that we're over now, tell me one more time
This is the way it's suppose to be, tell me that I'm better off without you
How it's better to forget about you, darlin', I understand
Now, won't you please explain it to my heart?