Everywhere from coast to coast
Around the land
We all have one thing in common
We all love to dance
In and out of discos, crazy lights
Keep on movin' all through the night

Life is a dance, life is a dance Life is a dance, life is a dance

Why don't you listen?
Listen to the groove
I am sure enough sure you'll find
Just the rhythm, the rhythm of your soul
Dance to the music, keepin' steady time

Life is a dance, life is a dance Life is a dance, life is a dance

Dance to the music, crazy lights
Dance to the music, crazy lights
Dance to the music, crazy lights
Dance, don't you be late
Here to tell you that, life, alright, hey yeah
Life is a dance

Holla, yeah, woah yeah
Life is a dance, dance to it
Oh life, dance to it, life
Listen to the groove
Oh life, hey yeah
Oh oh oh life, oh life, oh life
Life is a dance, will you move

Life is a dance Life is a dance Life is a dance