

# Our True Emotions

Cathy Dennis

Nothing seems to help me run from how I feel  
Deep inside I just can't seem to break this shield  
Every mixed emotion bottled up inside  
So much pain they bring and all because I pried

I tried to tell you just how much you mean  
I tried to show you the colours that you bring  
No matter what you're thinking  
Every time I've tried to show you the way I feel inside

Why must we hide our true emotions?  
We can't we face the way we feel  
Why must we hide our true emotions?  
Baby let's tell the world about it  
And give them something to say

Though I sit and wonder how did we go wrong  
Deep inside I know that what we had's not gone  
As I feel the sadness run beneath my eye  
Still the same old question makes me wonder why

I tried to tell you just how much you mean  
I tried to show you the colours that you bring  
No matter what they tell me  
I just won't accept the one thing inside of me regret

Why must we hide our true emotions?  
We can't we face the way we feel  
Why must we hide our true emotions?  
Baby let's tell the world about it  
And give them something to say

I tried to tell you just how much you mean  
I tried to show you the colours that you bring  
No matter what they tell me I just can't accept  
The one thing inside of me regrets

Why must we hide our true emotions?  
We can't we face the way we feel  
Why must we hide our true emotions?  
Baby let's tell the world about it  
And give them something to say

Let's tell the world about it  
Our true emotions  
And the way we feel inside  
Let's tell the world about it  
And abandon all our pride

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