

Our True Emotions

Cathy Dennis

Nothing seems to help me run from how I feel
Deep inside I just can't seem to break this shield
Every mixed emotion bottled up inside
So much pain they bring and all because I pried

I tried to tell you just how much you mean
I tried to show you the colours that you bring
No matter what you're thinking
Every time I've tried to show you the way I feel inside

Why must we hide our true emotions?
We can't we face the way we feel
Why must we hide our true emotions?
Baby let's tell the world about it
And give them something to say

Though I sit and wonder how did we go wrong
Deep inside I know that what we had's not gone
As I feel the sadness run beneath my eye
Still the same old question makes me wonder why

I tried to tell you just how much you mean
I tried to show you the colours that you bring
No matter what they tell me
I just won't accept the one thing inside of me regret

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We can't we face the way we feel
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Baby let's tell the world about it
And give them something to say

I tried to tell you just how much you mean
I tried to show you the colours that you bring
No matter what they tell me I just can't accept
The one thing inside of me regrets

Why must we hide our true emotions?
We can't we face the way we feel
Why must we hide our true emotions?
Baby let's tell the world about it
And give them something to say

Let's tell the world about it
Our true emotions
And the way we feel inside
Let's tell the world about it
And abandon all our pride

Let's tell the world about it
Our true emotions
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