

Little Breakdowns

Carolyn Dawn Johnson

I shouldn't be missin' you
It makes no sense
Should be wearing, 'I'm over you' boots
And goin' dancin'

I'm having one of those
One of those days
God knows, I've had a few
But I know that it's temporary

I've got a good life now
But every once in a while
I have a little breakdown
It ain't no big thing

I'll be driving along
And hear a song we used to sing
And get lost, yeah, I have to stop
'Cause I get all caught up in the sound
I have a little breakdown

I think it's over and done
Then I lose control
But when you've given your heart to someone
It's inevitable

The first thing you never learn about love
Is that you never really let it go
I'm a walking contradiction

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'Cause I get all caught up in the sound
I have a little breakdown

Breakdown, have a little breakdown
I lose sleep but hey
I can always catch up the next day
A few tears, everyone needs a good cry
Now and then, anyway, yeah

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I shouldn't be missin' you
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Should be wearing I'm over you boots
And going dancin'