

## Little Breakdowns

Carolyn Dawn Johnson

I shouldn't be missin' you  
It makes no sense  
Should be wearing, 'I'm over you' boots  
And goin' dancin'

I'm having one of those  
One of those days  
God knows, I've had a few  
But I know that it's temporary

I've got a good life now  
But every once in a while  
I have a little breakdown  
It ain't no big thing

I'll be driving along  
And hear a song we used to sing  
And get lost, yeah, I have to stop  
'Cause I get all caught up in the sound  
I have a little breakdown

I think it's over and done  
Then I lose control  
But when you've given your heart to someone  
It's inevitable

The first thing you never learn about love  
Is that you never really let it go  
I'm a walking contradiction

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'Cause I get all caught up in the sound  
I have a little breakdown

Breakdown, have a little breakdown  
I lose sleep but hey  
I can always catch up the next day  
A few tears, everyone needs a good cry  
Now and then, anyway, yeah

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I shouldn't be missin' you  
It makes no sense  
Should be wearing I'm over you boots  
And going dancin'