Poetic phrases come to mind
Whenever I find injustice being done
And I wonder, what am I gonna do
What can one do except to be one
Talking to two, touching three
Growing to four million
Each of us is one - all of us are one

I go through phases when I realize
It wouldn't be wise to try and bring it down
And I wonder, what am I gonna do
What should one do except just be around
Staying alive, putting out love
Growing to five billion
Each of us is one - all of us are one

Open your heart and let the love come shining through And you will do what you need to do

To know just where the other you is coming from

He is one - she is one

A tree is one - the earth is one - the universe is one

I am one - we are one

It just amazes me that I can be
Part of the energy it takes to serve each other
And I wonder what am I gonna do
What can one do
Except be one
Each of us is one - all of us are one
We are one
What am I gonna do
Be one