It comes out of nowhere when you least expect it
It'll hit you (it's true)
And you aint trying to go there
Because your heart is so protected from your past
And you're trying to fight it but you're oh so excited
Because you are feeling overjoyed
You're in love
And there's nothing you can do about it

If you ever find
True love then you should never let it go
Oh no
Because it may be your only chance you have
At a true love
And if it is your heart will let you know
To hold on
And dont let it go

Everytime you're with them
You find yourself smiling and laughing (if its true)
And everytime you kiss them
You ask yourself where has this person been all my life
2 hours apart and you already miss them
Got to listen (to your heart)
You're in love
And there's nothing you can do about it

If you ever find
True love then you should never let it go
Oh no
Because it may be your only chance you have
At a true love
And if it is your heart will let you know
To hold on
And dont let it go

True love dont come around everyday
So you should not be afraid to say i love you first (to love you first)
Someone has to break the ice
You cant spend your whole life
With your guards up
Open your heart up
And let love in

Hold on, hold on, hold on
If you really believe
Hold on, hold on, don't let it go
Hold on