

Rhythm of Life

Captain Hollywood Project

One percent of the brain is used
The rest of it is only abused
Much too much we need to learn
Most of us are not concerned
Only, if we could share
Giving love, and show you care
I want to be of help
God's Word is the first
Meet the practice building up
Keeping away from blowing up
Training with your mind
Good thoughts of every kind
Positivity in the air
Show the world just what you dare
No step front, no step back
One step forward, two steps back

Chorus:

One step forward, two steps back
Straight line is always better than that
Listen to the rhythm of life and...
Change
One step forward, two steps back
How does it feel when you go like that
Listen to the rhythm of life, and...
You will change
One step forward, two steps back
Straight line is always better than that
Listen to the rhythm of life and...
Change
One step forward, two steps back
How does it feel when you go like that
Listen to the rhythm of life, and...
You will change

Keep the faith, and don't be afraid
Giving things without getting paid
We have got to start living tight
The black people and the white
Many kids they have to die
'Cause they have no food, why?
After that, then, we cry
Because we do not even try
Many countries still fight
Killing people day and night
No one dares to see the light
Every land think that they're right
Drugs sold on the street
Women selling their body heat
No step front, no step back
One step forward, two steps back

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