

## Bent Backwards and Broken

Cannibal Corpse

Twisting limbs until they break  
Contortions wrenching pain

Joints are hyperextended  
Opposite  
Backwards and broken  
Bent  
Fibrous tendons snap

Hateful physical control  
Opposite ways  
Elbows bend and pop  
Fingers cracking  
Connective tissue torn

Knees are shattered  
Unrelenting warping strain  
Sinew ripped from bone  
Ankles give way

Back is arching  
Spinal pressure builds  
Predacious entanglement, form is distorted  
Total collapse

Splintering bones causing internal bleeding  
Grotesque rearrangement, body contorted

Abundance of injuries, pain is exceeding  
Every joint in the body is turned the wrong way

A debt to the nemesis forcibly paid

Arching the back  
Vertebrae crack  
Fracture the spine  
Can't realign

[Solo Jack Owen]  
Torque on the neck  
Amorphous blob  
Structure is wrecked  
An end to macabre

A torturous lesson in physical terms  
The only way some people learn  
Forcing the joints unnatural flexion  
Stretching the body in every direction

[Solo Pat O'Brien]  
Twisting limbs until they break

Bent  
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Contortions wrenching pain  
Bent  
Backwards and broken