

Bent Backwards and Broken

Cannibal Corpse

Twisting limbs until they break
Contortions wrenching pain

Joints are hyperextended
Opposite
Backwards and broken
Bent
Fibrous tendons snap

Hateful physical control
Opposite ways
Elbows bend and pop
Fingers cracking
Connective tissue torn

Knees are shattered
Unrelenting warping strain
Sinew ripped from bone
Ankles give way

Back is arching
Spinal pressure builds
Predacious entanglement, form is distorted
Total collapse

Splintering bones causing internal bleeding
Grotesque rearrangement, body contorted

Abundance of injuries, pain is exceeding
Every joint in the body is turned the wrong way

A debt to the nemesis forcibly paid

Arching the back
Vertebrae crack
Fracture the spine
Can't realign

[Solo Jack Owen]
Torque on the neck
Amorphous blob
Structure is wrecked
An end to macabre

A torturous lesson in physical terms
The only way some people learn
Forcing the joints unnatural flexion
Stretching the body in every direction

[Solo Pat O'Brien]
Twisting limbs until they break

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Contortions wrenching pain
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Backwards and broken