I spread my wings
I tried to fly
I believe in myself
When there was nothing right
And I
I know I am dust
I know we are sand
But we give of ourselves
As best as we can
Why does it always rain
On Mondays
For me

Bodies in motion
Bodies at rest
Got to get inside you
Got to get lost
Jump into the water
Jump into your life
Diving in deep
To your ever changing light

I been lost
And I been found
I made my bed
In this sea of sound
And we have been so high
Been so low
Are you the one
That I need to know
Why does it always rain
On Mondays
For me

Bodies in motion
Bodies at rest
Got to get inside you
Got to get lost
Jump into the water
Jump into your life
Diving in deep
To your ever changing light
Into the deep of your ever changing light
Of your ever changing never changing light

Into your light
Into your light

We found love
And we found pain
And I know that you're sinking
Cause I feel the same
Why does it always rain
On Mondays
For me
(for me) (for me)

Bodies in motion
Bodies at rest
Got to get inside you
Got to get lost
Jump into the water
Jump into your life
Diving in deep
To your ever changing light

Bodies in motion
Bodies at rest
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