

This is the way of the bold and the fallen  
Breaking our backs on the weight of nothing  
Slow as it goes there's no time to expose we  
Live in our lives and pretend it's all right and you go  
When you start to leave this shelter  
Now it's time you breathe you have to  
Arm yourself with the will to react to  
The sight of certain death disaster  
Finds its mark on the hearts of the weak  
And will fold to your strength

Rest on the shore let the end of the world come  
Say to yourself well so much for my four oh one  
'Kay now I'm done and I'm glad I'm the one who  
Lived to the end to exact my revenge you should know  
When you start to leave when it's time to breathe  
Away from the shelter  
With all I am just understand  
I can't hold any longer

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