Hey, we've been struggling Still we rise Rastaman open your eyes, yeah

I rise from the concrete
'Cause the earth was my bed
And the sky was my roof, yes
I rise up from the concrete
Man was searching to find his bread
Yeah, oh yeah

And even though it seems hard I'm gonna hold up my head Whoa now, whoa now And even though it seems hard I'm gonna hold up my head

And if I'm inna want, you don't know
If I'm inna need, you don't know
My necessities, no cash flow
Hey, where's my next meal coming from?
You don't know

Jah make a way
In desolate places He will find our bread
Be not dismayed, it's that powers that guide
I from ancients of old

I rise, oh, I rose up from that concrete Whoa now, whoa, 'cause the earth was my bed And the sky was my roof, aye
Dreadlock rise up from the concrete, Lawd
Searching to find my bread, whoa now

'Cause what? You see my smiling face And you think all is great But if you knew the other half Then bredrin', you would laugh

Man rise, man rose up from the concrete, oh now 'Cause the earth was my bed
And Jah sky was the roof, aye
Bongo man rise up from the concrete
Man was searching to find his bread
Whoa now, whoa now

And even though it seems hard
I'm gonna hold up my head I'm telling you this now
Even though it seems hard
I'm gonna hold up my head

This time in Iration, man won't beg
This time in Iration, hold up your head
Whatever you want make your sweat shed
And if you work hard, you will attain your bread
Whoa, this time hey, natty dread
Whoa, this time, aye

Man just rise, man rose up from the concrete Whoa yeah, whoa yeah, the earth was my bed And Jah sky was the roof, Lawd I man rise up from the concrete Man was searching to find his bread Oh now, oh now

But even though it seems hard
I'mma gonna hold up my head, whoa
You see my smiling face so you think all is great
But friend if you knew the other half
Then you would laugh

Man just rise, man rise up from the concrete Oh now, Lawd, the earth was my bed And the sky was the roof I man rise up from the concrete Man was searching to find his bread Whoa now, whoa now

And even though it's so hard
I'm gonna hold up my head
Aye, I say, well, even though it seems hard
I'm gonna hold up my head, once more

If I'm inna want, you don't know
And if I'm inna need, you don't know
My necessities, no cash flow
Hey, where is my next meal coming from?
You won't know

Jah make a way
In desolate places Buju find him bread
Be not dismayed, it is that powers
That guide man from ancients of old

Man rise, rise up from that concrete, oh now