It's a demolition derby
It's the sport of the hunt
Proud tribe in full war dance
It's the slow smile that the bully gives the runt

It's the force of inertia
It's the lack of constraint
It's the children out playing in the rock garden
All dolled up in black hats and war paint

Sometimes it feels like bars of steel I can't bend with my hand s

Oh, I worry too much Somebody told me that I worry too much

It's these sandpaper eyes
It's the way they rub the luster from what is seen
It's the way we tell ourselves that all these things are normal
'Til we can't remember what we mean

It's the flicker of our flames
It's the friction born of living
It's the way we beat a hot retreat
And heave our smoking guns into the river

It's the quick-step march of history
The vanity of nations
It's the way there'll be no muffled drums
To mark the passage of my generation

It's the children of my children
It's the lambs born in innocence
It's wondering if the good I know will last
To be seen by the eyes of the little ones