I'm tied and I'm hurting
I'm trapped in this fencing
It's fear that keeps me in
and barbed wire keeps me out
so tired and so pale

It's a jungle out there, there
I am just a prisoner
help me to survive that
jungle out there, there
Help help me please
help me to survive that
jungle out there, there

I'm caged and I'm hungry
I'm bound to this fury
Welcome to the circus, get a ticket
Three rings and a clown
I'm trapped so free me now

It's a jungle out there, there
I am just a prisoner
help me to survive that
jungle out there, there
Help help me plesae
help me to survive that
jungle out there, there