

Gotta be careful who I meet tonight  
Put up the struggle, I'll put up the fight  
Loving is different, so full of fear  
Can't love you right, until the cure is here

It's physical breakdown  
It's emotional blackmail  
It's uncontrollable it affects us all

Here I am dr john  
Here I am do you know what to do

The papers report in the wrong way  
Don't care what they say, they don't educate  
People look on it with a different view  
Can you help me, explain  
Do you know what to do

Used to be careless and so carefree  
That old life-style will be the death of me  
Dreading the system in this modern age  
It's killing our people, must try to be brave

There must be something we can do  
It's catching up, breaking through  
There falls a silence across our land  
The situation's out of hand

The situation is out of hand  
Do you know what to do