When it's easy, when it's all good When we have way more than we should Our grass is greener than green

But when it turns and easy gets hard That's when we see who we are Keep on because we believe

We give, we take
We bend, we break
We win, we lose, we try
We climb, we fall
We take it all
We bruise, we bleed, we fight
Then we rise

In-between the black and the white In-between the wrong and the right There's a hassle full to be found

If we open up our arms and forgive Count up all our reasons to live Maybe we could turn this around

We give, we take
We bend, we break
We win, we lose, we try
We climb, we fall
We take it all
We bruise, we bleed, we fight
Then we rise

We will take the higher road And we will because we know That it's right and it's just And we'll fight if we must And rise

We give, we take
We bend, we break
We win, we lose, we try
We climb, we fall
We take it all
We bruise, we bleed, we fight
Then we rise
Then we rise
Then we rise
Then we rise