

You Are The Heart

Blood On The Dance Floor

Every 14.2 minutes someone in the united states dies by suicide
Nearly 1, 000, 000 people make a suicide attempt every year
90% of people who die by suicide had a treatable mental disorder when they died

This is our message to give hope back
To those who are lost in despair

Staring blank at the wall
Never been so alone
Why can't they get me?
Would they care if I was gone?
Spinning around all alone
In my head tonight
Would it all be so easy?
Would they ever miss me?

You can't let them win
I won't let you give in,

You are the heart
That beats inside of me
If you give up tonight
You give up on me

Don't go out
So don't go out
Like a teenage tragedy
Don't go out
So don't go out
Like a teenage tragedy

You are screaming
Seems like no one's listening
You want to be found
No one knows you're missing
You wonder why
There's no tears when you cry?
And it feels like goodbye
Well, not tonight

Every sad ending
Has a new beginning

Stand up and fight
Don't let them hold you down
It can't end tonight
We gotta hold our ground

Not going out
Not going out
Like a teenage tragedy
Not going out
Not going out
Like a teenage tragedy

Put down the knife
Take back your life

Put down the knife
Take back your life

It's all inside you can change the world
So don't you dare give up on me tonight

You are the heart
That beats inside of me
If you give up tonight
You give up on me

Don't go out
So don't go out
Like a teenage tragedy
Don't go out
So don't go out
Like a teenage tragedy

Boom boom boom
You are the heart inside
Boom boom boom
You are the heart inside of me
(2x)

Staring at the stars and knowing
We are not alone
You are not alone