I woke up for another nightmare With nobody there to calm my nerve Just a vision of two summers playing stateside It seems such like another world

They tell me sit down and hush, hush
This is how the world works
They tell me sit down and hush, hush
You'll die like everybody else
They say you're only a kid and you'll forget it
They're too scared to notice

When you're down, keep swinging
'Cause life is a mystery
You never know when you're gonna hit
When you're down, keep swinging
'Cause life is a mystery
But you have to face it on your own
So keep swinging

So wake up and bring me daylight
Bring me back to where I used to live
Growing up with everybody on my shoulders
So much farther to fall now I'm older

They tell me sit down and hush, hush This is how the world works They tell me sit down and hush, hush You'll die like everybody else

When you're down, keep swinging
'Cause life is a mystery
You never know when you're gonna hit
When you're down, keep swinging
'Cause life is a mystery
But you have to face it on your own
So keep swinging

So live your life Just make the best of what you can You'll finish off the rest with no regrets

I need to convince myself
That I'm gonna die like everybody else
That I'm gonna die like everybody else

When you're down, keep swinging
'Cause life is a mystery
You never know when you're gonna hit
When you're down, keep swinging
'Cause life is a mystery
But you have to face it on your own
But you have to face it on your own
So keep swinging