

## Not Alone

Black Train Jack

I see it sneaking up without a sound  
And if I didn't turn around  
I wouldn't even know it was there  
The pressure is coming down again  
From the people who call themselves my friends  
I can't seem to get them out of my hair  
I'll do whatever I want to do  
You know I've got the right to choose  
The things that take a part in my life  
I don't need nobody telling me  
I'll ask you when I need some advice  
Don't do it  
No don't hide don't hide away at home  
Bring the truth that's deep down below  
Don't ever leave those things that you believe  
You'll fight the lies  
Because you're not alone  
I don't hurt myself internally  
I'm poison free intentionally  
A choice I made a long time ago  
Because doing it up Friday nights  
Going out and starting fights  
These are things I don't need to know  
So if people start telling you  
The things they think you should do  
Get up and take a few steps away  
Because this is life and you're in it  
You're the one who's got to live  
Take your time and choose your own way