

Get a Grip

Black Sabbath

I see it on the TV, it's playing on my mind,
Everything I see has got something to do with killing my brother.

Just another mind game? or maybe it's a sign,
When the child with a gun holds it up to the head of his brother.

Well that ain't nice, gotta get a grip, gotta get a hold on life,
Gotta get a grip cause you're gonna slip, yeah.

Somebody tell me, where did we lose?
Where's the point that we lost the control to live with each other?
Mister politician, searching for a lie.
What's the truth? will the youth find the proof for a revolution?

Cause that ain't nice, gotta get a grip, gotta get a hold on life
Gotta get a grip cause you're gonna slip, on ice,
Gotta get a grip, gotta get a hold on life
Gotta get a grip cause you're gonna slip

Gotta get a hold of the situation, gotta get you into my life,
Gotta get a hold and get it moving.
I can't tell you what you need to know it's up to you, oh yeah

That ain't nice, gotta get a grip, gotta get a hold on life
Gotta get a grip, cause you're gonna slip, on ice,
Gotta get a grip, gotta get a hold on life
Gotta get a grip cause you're gonna slip.

Gotta get a hold of the situation, gotta get a hold on life,
Gotta get a grip and get it moving,
I can't tell you what you need to know, it's up to you, oh yeah
.

Don't your blood run cold, don't the sorrow show,
Hold on tight to what you have.
See it in your eyes, don't it make you cry,
Get a grip and shake the can.
Get a grip, yeah, get a grip, yeah, get a grip, yeah,
Get a grip, get a grip, get a grip, get a grip, get a hold.
Get a grip on life, get a grip on life, get a grip on life,
Yeah get a grip.