I feel like I wanna smack somebody Turn around and bitch slap somebody But I ain't goin' out bro (no, no, no) I ain't givin' into it (no, no, no) Anxieties bash my mind in Terrorizing my soul like Bin Laden But I ain't fallin' down bro (no, no, no) I won't lose control bro (no, no, no) Shackle and chained My soul feels stained I can't explain got an ich on my brain Lately my whole aim is to maintain And regain control of my mainframe My bloods boiling its beatin' out propaine My train of thoughts more like a runaway train I'm in a fast car drivin' in a fast lane In the rain and I'm might just hydroplaine

I don't fear none of my enemies
And I don't fear bullets from oozies
I've been dealing with something thats worse than these
That'll make you fall to your knees and thats the
The anxiety the sane and the insane rivalry
Paranoias brought me to my knees
Lord please please please
Take away my anxiety
The sane and the insane rivalry
Paranoias brought me to my knees
Lord please please please
Take away my anxiety

My head keeps running away my brother The only thing making me stay my brother But I won't give into it bro (no, no, no) Gotta get myself back now God, I can't let my mind be Tell my enemy is my own Gots to find my inner wealth Gots to hold up my thoughts I can't get caught (no, no, no) I can't give into it now (no, no, no) Emotions are trapped set on lock Got my brain stuck goin through the motions Only I know what's up I'm filled up with pain Tryin' to gain my sanity Everywhere I turn its a dead end infront of me With nowhere to go gotta shake this anxiety Got me feelin' strange paranoia took over me And its weighin' me down And I can't run any longer, yo Knees to the ground

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