There's a lot of tension in this town
I know it's building up inside of me
I've got all the symptoms and the side effects
Of city life anxiety

I could never understand why the urban attitude Is so superior In a world of high rise ambition Most people's motives are ulterior

Sometimes I feel as though I'm running on ice Paying the price too long Kind of get the feeling that I'm running on ice Where did my life go wrong

I'm a cosmopolitan sophisticate
Of culture and intelligence
The culmination of technology
And civilized experience

But I'm carrying the weight of all the useless junk A modern man accumulates I'm a statistic in a system That a civil servant dominates

And all that means is that I'm running on ice Caught in the vise so strong I'm slipping and sliding, cause I'm running on ice Where did my life go wrong

You've got to run You've got to run

As fast as I can climb
A new disaster every time I turn around
As soon as I get one fire put out
There's another building burning down

They say this highway's going my way
But I don't know where it's taking me
It's a bad waste, a sad case, a rat race
It's breaking me

I get no traction cause I'm running on ice It's taking me twice as long I get a bad reaction cause I'm running on ice Where did my life go wrong

You've got to run You've got to run

Running on ice Running on ice Running on ice Running on ice