Adam in Chains

Do you want to be hypnotized All you have to do is move your body In what ever way feels comfortable for you Just let yourself sink into the groove And move Fix your eyes on a spot It doesn't matter where Just fix your eyes on on espot And begin to relax Feel your mind and body Beginning to wind down Wind down, wind down and relax If you have any thoughts Just let them drift through your mind Like beautiful clouds Across a clear blue sky Just through your mind and away from you Through your mind and away As you relax Deeper, deeper and deeper relax Just let go of stress and tension Let go of worry and doubt and relax Imagine a staircase standing in front of you With ten, wide, safe, stairs Down, down to a perfect relaxation Down to peace and contentment Down towards the happiness that you deserve And as I count down from ten Take one step with each number One step down 10, 9, 8, 7, 6, 5, 4, 3, 2, 1 Deeper, deeper, deeper relax That's it just let go and relax

You've stolen my heart it's true You see the shape of things to come Why give up our lives to the brutes and fools Tear it all apart You see the shape of things to come Why? this now girl Will we kill each other

Like Adam in chains I want revenge Like Adam in chains I want revenge Adam in chains

They've broken your heart Ah yeah, they're gonna tear your world apart Why make up a lie And believe it's true Ah, tear it all apart I know the shape of things to come Why this now girl Will we murder each other **Billy Idol**

Like Adam in chains I want revenge Like Adam in chains I want revenge Like Adam in chains I want revenge Want revenge

In the mind of a madman There are colour explosions An eclipse of emotion

Why tear our world apart Why tear it all apart Why tear our world apart girl