

Every morning when I go to the river
I know that I am truly free
Oh what a true satisfaction
Livin' naturally
And if I stray, for there is nothing wrong
I will learn what I will learn
Stumble wise, never stray for that long

I am firm, strong, I'm a rastaman
I am firm, strong, I live rasta

And every night when I go to sleep
I thank Jah Jah for my ability
Livin' an ital way
Never fearin' my judgment day
Could not settle for nothin' less
I refuse to live with selfishness
We in the earth, we can live as one
And I will choose when my kingdom come
I am firm, strong, I'm a rastaman
I am firm, strong, I'm givin' thanks that I'm a rastaman
Every morning when I go to the river
I know that I am truly free
Oh what a true satisfaction
Livin' naturally
And if I stray, for there is nothing wrong
I will learn what I will learn
Stumble wise, never stray for that long