I can't hold back any longer I can't prolong my feelings for you any more You know all of a sudden I feel this certain need to Express myself to you You see before I felt kind of funny to say these kind of things I mean to be all honest, that is, but now hmm well let's just say I'm not ashamed Now in my lifetime I've been all around the world (Round and around and around) From city to city, from state to state And of course, from girl to girl And I believe that I've played every game in the world that one man could possibly play (don't play with me baby) And of all those games, you're the only chip on the table that's made me feel this way Now I realize that love takes time and trust is somethin' that you have to earn (Ooh, you gotta earn it baby) mmm Well I'm prepared to give you all of me but, I need the same in return (you know you got it)

Let yourself be free (I'm not ashamed)
Express yourself to me (I'm not ashamed)
Try to make me see (I'm not ashamed)
what sparks would start this flame
Take it nice and slow (I'm not ashamed)
Never let me go (I'm not ashamed)
I want to let you know (I'm not ashamed)
Don't ever feel ashamed

that I'm to blame (are you sure)

Now baby, I'm not ashamed

These are some things that I've been meaning to say And for my concealed feelings I've come to realize

So I have to take a little time out to get together

You know just yesterday I portrayed my life as a player (mmm-hmmm) Looked at every woman as ah as ah as just a one night affair (One night love affair)

Now all of a sudden I feel this change that makes me long for some type of commitment (don't you want it)

Nah, since I said Ain't No Half-Steppin' (talk to me)

Aww yeah, I'm with this (c'mon)

And let's become two of a kind, a perfect pair in which all feelins are the same (c'mon)

All love and respect

And never ever, feeling ashamed

Let yourself be free (I'm not ashamed)
Express yourself to me (I'm not ashamed)
Try to make me see (I'm not ashamed)
what sparks would start this flame
Take it nice and slow (I'm not ashamed)
Never let me go (I'm not ashamed)
I want to let you know (I'm not ashamed)

Let yourself be free (I'm not ashamed)
Express yourself to me (I'm not ashamed)
Try to make me see (I'm not ashamed)
what sparks would start this flame
Take it nice and slow (I'm not ashamed)
Never let me go (I'm not ashamed)
I want to let you know (I'm not ashamed)
Don't ever feel ashamed, talk to me baby!

Ah just let yourself be free
Ah come on and talk to me
Try to make me see
You see I
I know that you played every game
Ah but I love you just the same
We'll take it nice and slow yeah
We don't ever have to let it go
No yeah, don't you ever feel ashamed, no no!

Let yourself be free (I'm not ashamed)
Express yourself to me (I'm not ashamed)
Try to make me see (I'm not ashamed)
what sparks would start this flame
Take it nice and slow (I'm not ashamed)
Never let me go (I'm not ashamed)
Wanna let you know (I'm not ashamed)
Don't ever feel ashamed sugar

Let yourself be free (I'm not ashamed)
Express yourself to me (I'm not ashamed)
Try and make me see (I'm not ashamed)
what sparks would start this flame
Take it nice and slow (I'm not ashamed)
Never let me go (I'm not ashamed)
I want to let you know (I'm not ashamed)
Don't ever feel ashamed