Lately it's hard to let you know that I'll never learn I am explosive and volatile, I'm on the turn

It's time to squirm, I've backed into a wall My cage has spilled it's contents on the floor My grave concern's I can't ignore the past I'll look into the future to make it last

I'm never gonna sleep again
I get to do it all wrong
I'm never gonna sleep again, again

Cause lately it's hard to let you know that I'll never learn I am explosive and volatile, I'm on the turn So I'm gonna howl like an animal Cause lately it's hard to let you know...

There's no return and there's no-one to call I picked a phone connected to the gods
The stitches burst but don't produce a scar
Why can't I see this time what's done is done?

I'm never gonna sleep again
I get to do it all wrong
I'm never gonna sleep again, again

Cause baby it's hard to let you know that I'll never learn (I got the rage, I always got the rage)
I am explosive and volatile, I'm on the turn
(I got the rage, I always got the rage)
So I'm gonna howl like an animal
Cause lately it's hard to let you know...

So I'm gonna howl like an animal
Cause lately it's hard to let you know...
Lately it's hard to let you know that I'll never learn
(I got the rage, I always got the rage)
I am explosive and volatile, I'm on the turn
(I got the rage, I always got the rage)
So I'm gonna howl like an animal
Cause lately it's hard to let you know that I'll never learn