## **Cast All Your Cares**

**Beverley Knight** 

It's funny how we see the worst of things
we look at our stress and strains
even measure our labour and pain
and it's all in vain.
Why do we feel some things will never change
feeding on a negative vibe.
Wheeling on a downward site
But I learned...

That thru' it all, I couldn't fall on you I call; you deliver me When fading fast, all troubles past On you I cast; for you said, "Let me carry all your problems your fears are my concern, and in return I ask you...

"Cast all your cares on me Nothing is too much for me to bear Cast all your cares on me Understand that I will be there Cast all your cares on me Things will be alright, I'm telling you Cast all your cares on me for I care for you

The little things help me to realise that I have a friend in you even when I don't feel like I do though inside I knew And when I need to feel that I'm loved again All I do is call your name ("Abba father") and my pressure starts to wane

Lord I just call your name and with your spirit you bring me love Lord I just call, Lord I just call your name, your name I know you're listenin' Lord I just call, Lord I just call your name, you answer my prayer Anytime I need a friend, I call you Lord, I do I do and when you touch me with your goodness I could never feel the same